


Pendleton Heights Middle School 2018-19 Winter Lunch Menu

11/26/18-3/22/19





Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Passports	Hamburger/ Cheeseburger	Chili w/ Corn Bread	Popcorn Chicken Smackers w/ Biscuit	French Toast Sticks w/ Scrambled Eggs	Rib-B-Q / Breaded Pork Tenderloin
Stateside	Custom Salad	Custom Sub	Custom Salad	Custom Loaded Baked Potato	Custom Salad
Grab & Go	Honey Mustard Deli Wrap Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Spicy Chicken Caesar Salad Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Honey Mustard Deli Wrap Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Spicy Chicken Caesar Salad Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Passports	Mini Corn Dogs	Pizza (Cheese or Pepperoni)	Chicken & Noodles w/ Roll	Bosco Sticks	Chicken Patty Sandwich (Regular or Spicy)
Stateside	Custom Salad	Custom Sub	Custom Salad	Custom Loaded	Custom Salad
Grab & Go	Honey Mustard Deli Wrap Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Spicy Chicken Caesar Salad Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Honey Mustard Deli Wrap Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Spicy Chicken Caesar Salad Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable	Ham Sandwich Turkey Sandwich Pizza Stacker-Lunch Box Uncrustable

Choose @ least 3 different items:






@ least 1:

VEGETABLE	FRUIT
	
Up to 2	Up to 2

+

@ least 1:

PROTEIN	GRAIN	MILK
		
Up to 1	Up to 1	Up to 1

PHMS CAFÉ NEWS

BREAKFAST SERVED DAILY
in cafeteria between **7:10am - 7:25am**

ALL accounts must be prepaid before lunch.

Make payments online at www.EZSchoolPay.com or by cash/
check deposited into prepayment kiosk
in hall outside cafeteria.

MEAL PRICING

	Paid	Reduced	Adult
Lunch	\$2.30	\$4.40	\$3.50
Breakfast	\$1.60	\$4.40	\$2.25

A LA CARTE PRICING

Applies to Paid, Reduced, Adult, & Free

Extra Entrée	\$1.75
Extra Fruit/Veg	\$.75
Extra Bread	\$.60
A la Carte Milk	\$.60
A la Carte Snacks	\$.50-\$1.75

November					December					January					February					March				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
			1	2	3	4	5	6	7		1	2	3	4					1					1
5	6	7	8	9	10	11	12	13	14	7	8	9	10	11	4	5	6	7	8	4	5	6	7	8
12	13	14	15	16	17	18	19	20	21	14	15	16	17	18	11	12	13	14	15	11	12	13	14	15
19	20	21	22	23	24	25	26	27	28	21	22	23	24	25	18	19	20	21	22	18	19	20	21	22
26	27	28	29	30	31					28	29	30	31		25	26	27	28		25	26	27	28	

This institution is an equal opportunity provider.